

Have you recently been diagnosed with Cancer or are having investigations where cancer is suspected?

The following information may be helpful in supporting you through this time and giving you more information about your investigations, diagnosis and treatment.

The doctors and nurses at St Johns Surgery are here to answer any of your or your family's questions and support you through your journey. Please contact the surgery if you would like more support or advice from our St Johns team, or advice on where you can get the answers and support that you might be looking for from outside of the surgery.

It might not be the right time for you to explore some of the support options available below, so please file this letter away for the future or access the information on our surgery website.

Further resources

Cancer Research UK and *MacMillan* have extensive online resources including patient information leaflets about many different cancer types, treatments and what you might expect through your journey after diagnosis.

Cancer Research UK - www.cancerresearchuk.org 0300 123 1022

MacMillan also offer local support groups and six sessions of free counselling through BUPA.

MacMillan - www.macmillan.org.uk 0808 808 0000

Primrose (Bromsgrove) offer many services including day therapy, outpatients, group support, complimentary therapies and wellbeing, family and carer support, counselling and benefits advice.

Primrose - www.primrosehospice.org 01527 871051

Best Wishes

St Johns Surgery